

Ultrasound Procedure Preparation



ULTRASOUND PROCEDURE	PATIENT PREPARATION
US-ABDOMEN US UPPER ABDOMEN	Patient must be fasting for 8-10 hours except plain water – preferably fasting is over night Medication can be taken with only little water
US-URINARY TRACT	An 6-8 hours fasting is required prior to the test, and ½-1 liter of water needs to be taken 1 hour prior to the allocated appointment time
US-ABDOMEN WITH RENAL TRACT US-ABDOMEN AND PELVIS	An 8-10 hour fast is required prior to the test, and ½-1 liter of water needs to be taken 1 hour prior to the allocated appointment time
US PELVIS -MALE	Patient drink ½ liter of fluid 1 hour prior to the Ultrasound Examination
US PELVIS FEMALE	Optimal time to perform a gynecological ultrasound is during the early stages of the cycle, around day 3 to day 7 Patient should drink ½ liter of fluid, 1 hour prior to the Ultrasound Examination
US FIRST TRIMESTER	Patient should drink ½ liter of fluid 1 hour prior to the Ultrasound Examination