

Fall Prevention:

Fall increases with aging, the following recommendations will help to reduce it:

- Avoid blocking or overcrowding of corridors with furniture
- Cover floors with a slip-resistant material/cover whenever possible
- An adequate source of lighting must be provided, especially at night, to help perform safe daily living activities
- An alarm bell at the patient fingertips should be provided whenever possible to call caregiver/family member when help is needed
- Report all falls to the home health care visiting team during their visit



Patient Safety is Patient's Right

In order to provide you with the right and safe care, please provide us with your information (your name, HC number & date of birth)

All your health information are confidential, Do not hesitate to reveal any health concern

For better & effective care, a family member should always be available during the home health care visit.

Home Health Care Service is available to support you and your family by providing:

- Details about your care and treatment plan.
- Continuous advice and guidance to you as patient, caregiver or family member participating in your care management plan.
- Safety tips and instructions about the home environment and the safe health practices.
- Information regarding how to report changes in your health status in a timely manner and when to seek urgent medical advice

Follow us



www.phcc.qa



مؤسسة الرعاية الصحية الأولية
PRIMARY HEALTH CARE CORPORATION

Patient Safety



Home Health Care Services

Medication Safety

- Ensure all your medications are prescribed by your physician, and do not use unprescribed medications
- Medication intake must follow the treatment plan by your physician
- Ensure all medications are not expired and are safely kept
- Ensure all medications are organized in medications boxes for easy use
- Do not forget to inform your treating physician about any medication allergy you may have
- Keep the Medication out of reach of children

If any Queries please contact Home Health care Lead in the health center providing you Home care Visits .



Infection Control

Home health care team will provide you with information and educational material regarding:

- Hand hygiene
- Antibiotics
- Vaccines
- Safe injection practices
- Cough etiquette



Environment Safety:

- Ensure electric cables and connections are of safe distance from patient bed
- Ensure adequate temperature of water before washing hands or bathing to avoid burns
- Ensure adequate room ventilation and regular exposure of bed sheets to sunlight
- Patient's room is preferred to have an equipped bathroom as per the patient's health condition.
- Bedbound patients need to change their position every 2 hours to avoid bed sores. Aerobic mattress should be used.

