

th INTERNATIONAL

PRIMARY HEALTH CARE CONFERENCE - QATAR 2023

9th - 12th November 2023



Organized By





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EXECUTIVE FOREWORD & WELCOME



Amidst a world that has faced global pandemics, epidemics, climate disintegration and natural disasters, wars and human suffering PHCC yet again, through its series of international conferences, is shedding the light on primary health care as the cornerstone of humankind health and wellbeing.

With the success of the past edition of the Primary Health Conference in Doha held in 2020, PHCC/Qatar is delighted to announce the "5th International Conference on Primary Health-care to be held from 9-12 November 2023 in Doha. The conference is organized under the theme Primary Care Today: Lessons Learnt, Future Action for Sustainability".

In line with PHCC strategy and global strategies, this high-level event embraces a variety of topics and methods that include cutting-edge research findings, innovations, integrated strategies, and peoples centered approaches for improving healthcare delivery, panel discussions, workshops, and keynote presentations. Each designed to deepen the understanding of primary health care and its transformative impact on communities.

As the world emerges from the adversities of Covid -19, the conference grants a special focus on building back better by learning from success stories, challenges, innovative solutions, and best practices to face a world with rising health obstacles, related climate change issues and natural disasters. All adversely affecting people's health systems.

As we embark on this four-day journey, let us remember that primary health care is not just a profession. It is an obligation and a calling that requires both up to date knowledge, empathy, dedication, and relentless pursuit of excellence.

The details of an enlightening journey, that awaits you over the next few days, is presented through the pages of this booklet which provides you with comprehensive information about the conference, its objectives, the wealth of knowledge-sharing opportunities, in addition to background information about Primary Health Care Corporation in Qatar.

Our speakers and presenters, comprising renowned experts and thought leaders in the field, are poised to inspire and educate. Their insights will ignite discussions, foster collaborations, and share with us experiences, lessons learned, forecasts, and the tools necessary to address the pressing challenges facing primary healthcare today and tomorrow.

Thank you for joining us at the Primary Health Care Conference 2023. Let us embark on this educational journey together, with the shared goal of advancing primary healthcare and improving the well-being of all individuals and families.

EXECUTIVE FOREWORD & WELCOME



Dr. Zelaikha AlWahediChair of Conference Scientific Committee
Assistant Managing Director
Quality & Workforce Development– PHCC

I am pleased to have you join for the 5th International Primary Health Care Conference which is organized by Primary Health Care Corporation, Oatar.

Undoubtedly, in recent years, in Qatar and elsewhere, we have witnessed remarkable advancements in primary health care that deserve recognition and celebration. Progress in research, technological innovations such as building digital platforms, telemedicine, and digital consultations, have revolutionized the way health services are delivered.

In PHCC Qatar, we work tirelessly to pursue these advancements which have not only improved access to healthcare, but they have also enhanced the efficiency and effectiveness of healthcare service delivery to all.

The integration of data analytics, encouragement and support to scientific research and integration of relevant technological advances into our primary health care has led to more personalized and evidence-based treatments.

This data-driven and people centered strategy transformed patient outcomes, ensuring that the right interventions are timely, ultimately saving lives and reducing healthcare costs.

Evidently, investing in primary health care is one that yields great dividends for the prosperity and future of our societies. In terms of numbers, studies have shown that countries with strong primary health care systems experience better health outcomes, increased life expectancy, and higher levels of economic productivity.

While we celebrate these advancements, we must also learn from previous hurdles and acknowledge the challenges that lie ahead. Ongoing global health crises have exposed the vulnerabilities in our healthcare systems, emphasizing the need for stronger primary health care infrastructure with preventive measures, timely health services and scientific research to be at the top of the agenda.

In 2023, our conference, under the theme "Primary Care Today: Lessons Learnt, Future Action for Sustainability" focuses on topics that are timely and urgent especially at a time when we need to recover from the impact of years of global suffering from the effects of COVID-19 and disasters.

Through a diverse array of 6 workshops and 30 sessions, the conference agenda facilitates key topics such as, healthcare resilience during global crises, models of care and innovations, clinical practice updates, quality improvement and capacity building, as well as specialized topics in infectious disease, mental health and scientific advancements.

To meet its vision of becoming the leader and add value in transforming the health and well-being of people's lives in Qatar, PHCC research team diligently support and promote a vast research agenda related to advancement in primary health care.

I believe that together, by promoting the application of research evidence in developing and implementing interventions, health policies and strategies, we can alleviate Primary Health Care to higher levels of quality and performance.

At the end of my remarks, I would like to extend my gratitude to the members of the IPHCC 2023 Scientific Committee for unmatched efforts and dedication. Also, I would like to convey appreciation for the strong support by the planning committee as well as to the speakers and facilitators for their valuable time and contributions.

EXECUTIVE FOREWORD & WELCOME



Mrs. Huda AlWahedi

Chair of Conference Logistic Committee
Executive Director of Corporate Communication
PHCC

As mentioned by PHCC leadership, Dr Mariam, Abdul Malik, "As we face new and emerging health threats, such as pandemics and climate change-related health issues, primary health care must adapt and innovate to meet the changing needs of our population".

Today, in times of changing global dynamics, persistent health challenges, tough socioeconomic situations, and natural disasters, it's an honor to be here among all of those joining in the, timely, 5th International Primary Health Care Conference to contribute to a topic of utmost significance: Primary Health Care.

In an era marked by cutting edge technological advancements and interconnectedness, effective communication has developed, in the sphere of PHC, as a vital aspect of building resilient and efficient healthcare sustems.

As primary health care, is the starting point for individuals seeking healthcare assistance, it is evident that its success rests in the power of deploying effective communication tools for engaging a wider audience and achieving better results. Evidently, good communication is at the core of all good medical care, no matter where you are.

In the context of PHCC Qatar, communication for better health is a two-way street: it involves conveying medical information and listening to patients' needs, and perspectives. Our role is pivotal in publishing results and utilizing evidence for behavior change towards better health and wellbeing. For that purpose, we position key principles for effective communication.

Firstly, comes building and sharing of information, which is a key pillar that we always need to ensure is active, dynamic, engaging, and multi-directional.

Another key principle is the deployment of relevant and simple communication channels and tools. Medical language can be frightening and confusing for patients. As effective communicators, we translate complex medical terminology into plain and understandable language; multiple languages and formats enhances accessibility and inclusivity.

A key communication principle that we also uphold is empathy and active listening. We provide support and empowerment to ensure active listening to patients, understand their emotions, and validate their needs. Wecreate a nurturing environment that encourages open dialogue and shared decision-making.

Another central principle is building our theory of change, on evidence and raising awareness amongst our patients and visitors as a fundamental approach. Improving health literacy is critical for empower patients to take charge of their health. and make informed health-related choices.

Furthermore, embracing and mixing between innovative technologies, advancement in media and communications that includes both digitalized and traditional media channels, helps us reach a broader audience and engage with patients in diverse ways.

As effective communicators, we play a crucial role in fostering clear, concise, and respectful interactions among various healthcare professionals, thus enhancing patient outcomes and overall teamwork.

Let us strive together to foster a healthcare ecosystem where every individual feels heard, respected, and supported in their pursuit of better health. Thank you for your attention and looking forward to enriching discussions during this conference.



CONFERENCE ORGANIZING

CONFERENCE ORGANIZING TEAMS

Organizing Committee Members:

Dr. Mariam Ali Abdul Malik

PHCC Managing Director – Committee Chairperson

Mr. Musallam Al Nabit

Assistant Managing Director Administrative & Corporate Services - Committee Vice Chairperson

Dr. Zelaikha Al Wahedi

Assistant Managing Director Quality & Workforce Development – Committee Member

Dr. Samua Al Abdullah

Executive Director of Operation – Committee Member

Dr. Hanan Al Mujali

Executive Director of Clinical Affairs – Committee Member

Mrs. Huda Bashwar

Executive Director of Corporate Communications – Committee Member

Mrs. Layla Al Jasmi

Executive Director of Workforce Training & Development - Committee Member

Mr. Hamad Rashid Abdan

Director of Contracts & Procurement - Committee Non - Voting Member

Mr. Mustafa Sharara

Manager of ICT Applications & Data Systems – Committee Non-Voting Member

Mrs. Leena AlKhuffash

Senior Corporate Workplace People & Culture Specialist - Committee Non-Voting Member

Mrs. Enas Khattab

Senior Project Specialist – Conference General Secretary

CONFERENCE ORGANIZING TEAMS

Scientific Committee Members:

Dr. Zelaikha Al Wahedi

Assistant Managing Director Quality & Workforce Development – Committee Chairperson

Dr. Hanan Al Mujalli

Executive Director of Clinical Affairs – Committee Vice Chairperson

Dr. Mohamed Ghaith Al Kuwari

Executive Director of Strategy Planning & Health Intelligence – Committee Member

Dr. Noura Al Mutawa

Program Director for Family Medicine Clerkship – Committee Member

Dr. Mukhtarul Islam

Manager of Workforce Training and Development-Committee Member

Dr. Mohamed Ahmed Syed

Acting Director of Clinical Research – Committee Member

Dr. Mohammed Hashim

Consultant Family Medicine – Committee Member

Dr. Hanan Abdul Rahim

Dr. Hamad Al Romaihi

Dr. Muna Taher Aseel

Program Director for Family Medicine Residency Program – Committee Member

Dr. Amal Al Ali

Executive Director of Quality & Patient Safety - Committee Member

Dr. Mohammed Al Kuwari

Dr. Wanis Ibrahim

Dr. Ali Rahil

Dr. Banan Mukhalalati

Mrs. Wigdan Abdel Rahim

Preventative Health Senior Coordinator- Committee Rapporteur

CONFERENCE ORGANIZING TEAMS

Logistic Committee Members:

Mrs. Huda Bashwar

Executive Director of Corporate Communications – Committee Chairperson

Dr. Abdulla Al Mansouri

Executive Director of Administration & Finance – Committee Vice Chairperson

Mr. Hamad Rashid Abdan

Director of Contracts & Procurement - Committee Member

Mr .Khaled Abdulkarim Alkhanji

Manager of Business Development- Committee Member

Mr. Mustafa Sharara

Manager of ICT Applications & Data Systems - Committee Member

Dr. Yasser Mohamed Morsy

Senior Trainer - Pharmacy Services - Committee Member

Mr. Mahmoud Mohsen Elserafy

Head of Bio-Medical Engineering Projects - Committee Member

Ms. Abeer Mohammed Almotawa

Head of Marketing - Committee Member

Ms. Reem Abdelghani

Senior Corporate Communications Coordinator - Committee Rapporteur



ABOUT CONFERENCE & CONFERENCE OBJECTIVES

About The Conference

The 4-day event honors progress and embrace the future of primary healthcare. It will provide a platform to share knowledge, facilitate forums to discuss best practices and underline Qatar's legacy of promoting health and wellness by providing excellence in primary healthcare.

The conference brings together inspiring speakers and experts from across the globe to share knowledge and best practices through panel sessions, exhibitions, and workshops. The conference also showcases research applicable to improvements in primary health care by providing the opportunity for researchers to share their research not only with PHCC but the wider academic and healthcare community.

Conference Objectives

- Reflect on innovative health management systems and quality improvement initiatives for improved health outcomes and patient safety in primary care
- Identify up-to-date and evidence-based diagnostic and therapeutic management options for common illnesses in primaru health care settings
- Recognize family and community-centered international best practices in health promotion and disease prevention
- Compare approaches to health professions education, workforce training and capacity building in the primary care practice
- Recognize the importance of and opportunities for research in primary care for improved population health outcomes



THURSDAY, NOVEMBER 9^{TH} , 2023

Time	Event	Hall Name
7:15 – 8:15 AM	Registration	
8:15 – 8:45 AM	Opening	
8:45 – 9:00 AM	Welcome Speech	Al Wosail
9:00 – 9:45 AM	Keynote 1: Primary Care: Lesson learnt and future actions Prof. Lord Darzi - UK	ballroom
9:45 - 10:15 AM	Morning Refreshment Break	

10:15 – 10:30 AM	Models of health care delivery: Value-Based-Care (VBC) Mr. Steven Emery, QAT	
10:30 – 10:45 AM	Community-based care: building partnerships for improved access and outcomes Dr. Hanan Abdelrahim, QAT	
10:45 – 11:00 AM	Shifting the focus; family medicine model in PHCC, an effective, innovative model of care Dr. Samya Al Abdulla - QAT	Al Wosail ballroom
11:00 – 11:15 AM	Kuwait Family & Community Medicine Society Experiencer. Dr. Mohammad Abdullah Alazemi- KW	
11:15 - 11:35 AM	Panel Discussion	
11:35 AM – 12:45 PM	Prayer & Lunch Break	



DAY 1

THURSDAY, NOVEMBER 9TH, 2023

Time	Event	Hall Name	
Sub-theme II: Resilient Healthcare: A pandemic & World Cup Recap			
12:45 – 1:00 PM	Primary Health Care in Qatar: How has covid-19 pandemic change us? Dr. Mohamed Ghaith - QAT		
1:00 – 1:15 PM	Lesson Learned FIFA world cup mass gathering during pandemic Dr. Hamad Al Romaihil - QAT	Al Wosail	
1:15 – 1:30 PM	Long covid & post covid conditions (What primary care practitioners need to know) Dr. Maria Van Kerkhove - USA	Dalifooni	
1:30 - 1:50 PM	Panel Discussion		
	Sub-theme III: Clinical practice updates 1		
1:50 – 2:05 PM	Updates in diabetes management Dr. Mohsen Aladresei - QAT		
2:05 – 2:20 PM	Update on hypertension management Dr. Ali Rahil - QAT		
2:20 – 2:35 PM	Thyroid disorders for primary care or update on thyroid disease Dr. Saleh Attal - QAT	Al Wosail ballroom	
2:35 – 2:50 PM	Managing obesity Dr. Taheri Shahrad - QAT		
2:50 – 3:10 PM	Panel Discussion		
3:10 PM	End of day 1 – Asr prayer		





CONFERENCE WORKSHOPS PROGRAM

FRIDAY, NOVEMBER 10TH, 2023

Time	Event		
1:30 - 2:00 PM	Registration		
2:00 – 5:00 PM	Workshop 1	Workshop 2	Workshop 3
	The art of publication Dr. Harry Shirley - UK	Quality improvement and patient experience Dr. Maryanne Gillies – IHI Dr. Reham Hassan - IHI	Ethical dilemma in medical practice Dr. Manal Bohaimed – KW Dr. Amal Al Ali - QAT
5:00 - 6:00 PM	Prayer & Coffee Break		
5:00 - 6:00 PM 6:00 - 9:00 PM	Prayer & Coffee Break Workshop 4	Workshop 5	Workshop 6



CONFERENCE PROGRAM SATURDAY, NOVEMBER 11TH, 2023

Time	Event	Hall Name
8:00 – 9:00 AM	Registration	
9:00 – 9:45 AM	Keynote 2: Transforming population health through artificial intelligence in primary care Dr. Murray Ellender - UK	Al Wosail ballroom
	Sub-theme I: Clinical practice updates 2	
9:45 – 10:00 AM	Update on respiratory disease in primary care Dr. Robert Baldor - USA	
10:00 – 10:15 AM	Spinning into Clarity: Understanding and Managing Dizziness in Primary Care Dr. Hassan Tawfiq - QAT	Al Wosail ballroom
10:15 - 10:35 AM	Panel Discussion	
10:35 – 11:00 AM	Morning Refreshment Break	
10:35 – 11:00 AM	Morning Refreshment Break Sub-theme II: Clinical practice updates 2	
10:35 – 11:00 AM 11:00 – 11:15 AM		
	Sub-theme II: Clinical practice updates 2 Common gynecology & obstetric problem in primary care	Al Wosail
11:00 – 11:15 AM	Sub-theme II: Clinical practice updates 2 Common gynecology & obstetric problem in primary care Dr. Rudaina Hassan - QAT Common pediatric problem in primary care	Al Wosail ballroom
11:00 – 11:15 AM 11:15 – 11:30 AM	Sub-theme II: Clinical practice updates 2 Common gynecology & obstetric problem in primary care Dr. Rudaina Hassan - QAT Common pediatric problem in primary care Dr. Mohamed Al Kuwari - QAT Common dermatology problem in primary care	



CONFERENCE PROGRAM SATURDAY, NOVEMBER 11TH, 2023

Time	Event	Hall Name
Sub-theme III: Artificial Intelligence & Innovations in Primary Health Care		
1:05 - 1:20	Telemedicine & remote patient monitoring Dr. Murray Ellender - UK	
1:20 - 1:35	Technology Innovations in primary care Ms. Alexandra Tarazi - PT	Al Wosail
1:35 - 1:50	Ethical consideration in using technology in health care Dr. Barry Solaiman - QAT	ballroom
1:50 - 2:10	Panel Discussion	

Oral presentation for younger researchers:		
Time	Oral Presentation	Hall Name
2:10 – 2:25 PM	Oral presentation (10 minutes presentation – 5 minutes Q&A)	
2:25 – 2:40 PM	Oral presentation (10 minutes presentation – 5 minutes Q&A)	Al Wosail ballroom
2:40 – 2:55 PM	Oral presentation (10 minutes presentation – 5 minutes Q&A)	



DAY 4

SUNDAY, NOVEMBER 12TH, 2023

Time	Event	Hall Name
7:30 – 8:00 AM	Registration	
:	Sub-theme I: Infectious Disease – Surveillance & Control	
8:00 – 8:15 AM	Avoiding antibiotic misuse & overuse Dr. Ali Al Sanousi - QAT	
8:15 – 8:30 AM	Challenges in immunization: Current status and future prospects Dr. Salah Al Awaidy - OMN	Al Wosail ballroom
8:30 – 8:45 AM	Assessment & management of STIs cases Dr. Alaaeldin Abdelmajid Basheer - QAT	
8:45 – 9:05 AM	Panel Discussion	
9:05 – 9:40 AM	Morning Refreshment Break	
	Sub-theme II: Mental Health, Screening & Management	
9:40 – 9:55 AM	Controlled substances: Understand prescribing practices for controlled substances in primary care Dr. Rehan Siddiquee - QAT	
9:55 – 10:10 AM	Panic Disorder: take control, take action Dr. Suhaila Ghuloum - QAT	Al Wosail
10:10 - 10:25 AM	Integrated Mental Health management in Qatar Mr. lan Francis Tulley – QAT	Salifooni
10:25 - 10:45 AM	Panel Discussion	
10:45 AM – 12:00 PM	Prayer & Lunch Break	



CONFERENCE PROGRAM SUNDAY, NOVEMBER 12TH, 2023

Time	Event	Hall Name
Sub-theme III: Optimizing Health & Wellbeing through Lifestyle Medicine & Wellness		
12:00 – 12:15 PM	Exercise & cardiovascular health: How much you need, benefit and harm Dr. Maira-Carmen Adamuz - QAT	
12:15 – 12:30 PM	Tobacco and vaping Dr. Abdulmohsin Al Zalbani - KSA	Al Wosail ballroom
12:30 – 12:45 PM	Staff wellness and wellbeing Dr. Sameera Al Hajri - QAT	
12:45 = 1:05 PM	Panel Discussion	

Sub-theme IV: Advances in Health Professions Education & Research		
1:05 – 1:20 PM	Empowering medical students through active participation in research projects: Family medicine clerkship experience (Developing the next generation of researchers) Dr. Nora Al Mutawa - QAT	
1:20 – 1:35 PM	Technology to support continuous professional develop- ment digital education Dr. Mohamed A. Elhindi - QAT	Al Wosail ballroom
1:35 – 1:50 PM	Incorporating teaching and research into your busy clinical practice Dr. Mohamed Hashim - QAT	
1:50 - 2:10 PM	Panel Discussion	
2:10 – 2:45 PM	Asr Prayer	



DAY 4

SUNDAY, NOVEMBER 12TH, 2023

Time	Event	Hall Name
2:45 – 3:00	Oral presentation (10 minutes presentation – 5 minutes Q&A)	
3:00 – 3:15	Oral presentation (10 minutes presentation – 5 minutes Q&A)	Al Wosail
3:15 - 3:30	Oral presentation (10 minutes presentation – 5 minutes Q&A)	ballroom
3:30 - 3:45	Poster winner and appreciation	
3:45 – 4:00	Sponsors and Exhibitors	
4:00 - 4:15	Closing Remarks	





SPEAKERS

BIOGRAPHIES & PROFILES







CONFERENCE WORKSHOP

PHC Clinical Pearls

Aims:

In today's rapidly changing world, it is vital for physicians to stay updated with current medical knowledge. A key method for achieving this is through regular review of concise and self-contained clinical pearls shared by expert healthcare professionals in the literature and at conferences. Clinical pearls are derived from experience or observations, rooted in patient-centered care, and possess applicability to other patients.

In our workshop, you will explore multiple complex real-life cases representing examples of the most common clinical problems encountered in primary care in Qatar, enabling you to gain clinical reasoning and judgement in a simple practical way. Using a self-directed learning approach, you will have the full power to select and engage with cases actively and understand the most important clinical pearls associated with each case. By the workshop's end, you will have gained a comprehensive understanding of clinical pearls in primary care practice, their significant contribution to your continuous professional development, and be motivated to integrate this tool into your lifelong learning journey.

Learning Objectives:

- 1. Recognize clinical pearls as concise, self-contained information derived from experience or observations, relevant to patient-centered care.
- 2. Explore real-life cases to identify significant clinical pearls in some of the most common presenting problems in PHCC in Qatar.
- 3. Develop autonomy in self-directed learning by selecting and analyzing cases.
- 4. Comprehend how clinical pearls contribute to professional development and lifelong learning.
- 5. Encourage sharing

Target audience:

30-35 max. participants

Family Medicine physicians, residents, and general practitioners

Quality Improvement and Patient Safety: To deliver best quality care through value improvement

Aims:

Apply Value Improvement to achieve High Quality Healthcare and Joy in Work

Learning Objectives:

By the end of this workshop, participants will be able to:

- Recognize the importance of strategic approach to Value improvement.
- Understand the principles of Value Improvement
- Apply value improvement methodologies locally to optimize the quality of patient care.
- Identify the 3 components of Value Improvement methodology
- Develop practical skills on Quality Improvement tools for Value Improvement to achieve transformational results
- Learn how to implement Joy in Work in the workplace and Explore innovative approaches to enhance job satisfaction and reduce burnout among healthcare professionals

Target audience

Leaders, Mid-Managers, frontline teams Non- clinical staff Business managers from finance and support services

Approaching of Common Emergency Problem in PHCC

Aims:

Highlights on two common emergencies in PHCC

Learning Objectives:

Early recognition and management of sever and life-threatening allergic reactions When and how to apply back slab casts for ankle sprains injuries

Target audience

Physicians, nurses and paramedics

Diabetic Foot Care for Primary Healthcare Professional

Aims:

This workshop is a joint effort between HMC & PHCC delivering an evidence -based approach to the management of diabetic foot issues. It will look into the pathophysiology of Diabetic foot, diabetic neuropathy, Charcot foot, osteomyelitis, Classification of diabetic foot ulcers, offloading and managing various issues related of diabetic foot including skin infection ,fungal and nail pathology along with arterial and vascular components. Various modalities of treatments shall be discussed with an emphasis on what conditions can be treated at PHC level and what a should be referred to secondary care. This workshop will deliver a hand on experience with live cases and various tools used in the assessment and treatment of diabetic foot conditions.

Learning Objectives:

- 1. Attain knowledge , skills and expertise in: Stratifying at risk patients. Managing diabetic foot ulcers. , Diagnosing osteomyelitis with early recognition & or timely referral, Learning the techniques of offloading ,Wound bed management / preparation, Critically analyzing different dressing materials i.e. foams, alginate, hydro gels etc. ,Ability to classify ulcers according to Wegner's & PEDIS system.
- 2. Critically analyse factors contributing to the morbidity & mortality associated with diabetic foot ulcer / amputation.
- 3. Demonstrate the ability to assess various stages of diabetic foot ulceration, perform vascular assessment using hand held doppler ,measurement of ankle brachial pressure index measurement, ability to utilize an infrared temperature device, monofilament, 128 KHZ tunning fork and neuro thesiometer.
- 4. Ability to recognize different wounds / ulcers whether neuropathic, ischemic or combined.
- 5.addressing the major advantages / disadvantages of the different major types of wound / ulcer dressings and demonstrating appropriate selection of addressing for a specific patient.
- 6 Ability to diagnose osteomyelitis & Charcot arthropathy utilizing roentgen's films and clinically.
- 7. Proposing appropriate antimicrobial / anti mycotic treatment for different conditions including cellulitis, Tina pedis , infected ulcers , onychomycosis , Tinea rubrum , pseudomonas infections & MRSA .
- 8.Apply a holistic approach in managing the whole patient rather than the hole in the patient i.e. metabolic control, psychological wellbeing & family support with proposing preventive foot care practices.
- 9. Ability to carry out an initial comprehensive diabetic foot assessment and on a continuous basis.
- 10. Critically analyze the management options, including debridement, offloading, infection control & dressing materials.
- 11. Describe the role of adjuvant therapies in treatment of diabetic foot ulcers.

Ethical Dilemma in Medical Practice

Aims:

To provide participants with a basic understanding of ethical decision making in medical practice, their significance, and the impact they have on patient care and provider well-being.

Learning Objectives:

By the end of this session, participants will be able to:

- 1.Recognize the ethical principles and frameworks that guide ethical decision-making.
- 2. Reflect on personal experiences and insights related to medical ethical concerns.
- 3. Identify common ethical concerns faced by primary healthcare providers and recipients.
- 4. Analyze case studies to understand the application of ethical decision-making frameworks

Target audience

Primary healthcare providers, including physicians, nurses, and allied health professionals, medical students, residents.

The art of publication

Aims:

This workshop aims to increase your chances of successful publication through exploring strategies for impactful manuscript preparation and journal selection

Learning Objectives:

- Know how to prepare the different sections of a manuscript in order to effectively communicate scientific ideas.
- Understand important evaluation criteria for journal selection.
- Understand the peer-review process from an editorial perspective.

Target audience

Healthcare professionals



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Poster Code	Poster Title
65	Impact and effectiveness of Pfizer COVID-19 vaccine among adolescents (age 12yr to 15yrs), against COVID-19 infection following a nationwide vaccination campaign: An observational study in Qatar.
66	Prevalence and Determinants of Visual Impairment Among School Students in Qatar, Year 2022-23
67	Response to 1000U of Vitamin D Supplement Dose in Pregnant Females Attending Primary Health Care in Qatar: An Observational Prospective Cohort Study
10	Health literacy and its association with self-management behaviours among T2DM patients in Qatar
97	Is abdominal ultrasonography a viable method for colon cancer screening?
32	Dietary patterns during preconception and postpartum weight retention in Qatar and Lebanon
14	Appropriateness of Antimicrobial therapy for Acute Bacterial Tonsillitis in Children and Adults
138	Epidemiology and clinical characteristics of post-COVID-19 Syndrome among adults infected with COVID-19 in Qatar during 2022: A population-based Survey
51	Inflammatory gene signature of hypertensive disorders in pregnancy: A promising diagnostic biomarker
47	Primary care research priorities in Qatar – results from a cross sectional survey of multidisciplinary health care staff working at primary health care corporation (PHCC)
93	Safeguarding Qatar: evaluating the Severe Acute Respiratory Infections (SARI) surveillance
95	Reducing preventable medication harm using Safe Prescribing Indicators (SPIs)
44	Medication Safety Starts with Medication Reconciliation

Poster Code	Poster Title
64	Evaluation of referrals from cluster 1 accredited primary healthcare centers to secondary hospitals in Saudi Arabia
31	Clinical Audit Report on Adherence to Physiotherapy Documentation Best Practices
129	Impact of COVID-19 restrictions on diabetes mellitus service indicators in primary care settings: A historic cohort study, PHCC Qatar
135	The Association Between Metabolic Syndrome and Sleep Duration in Qatar: A Case-Control Study
26	Adverse Childhood Experiences Prevalence and Association with Mental Health Disorders in Oman
82	Breast Cancer Diagnosis and Survival among Patients Diagnosed by a Structured Community Based Screening Program Compared to Opportunistic Diagnosis: A Case Control Study
2	KAPS toward COVID-19 during the second wave pandemic among university population in Qatar
24	Fluoride varnish application as an oral health intervention in the well-baby clinic
27	Intimate Partner Violence and Health, does resilience mitigate its effect?
70	Post COVID-19 anxiety and its impact on adults' health in Qatar during 2022
94	Prevalence of vitamin D deficiency, and the associated factors among children and adolescents attending primary health care centers: Qatar 2018-2019
144	Transforming Diabetes care in the community: a multidisciplinary person- centred approach for patients with complex needs
4	Current trends in root canal treatment: an online survey of dentists working within the primary heal

Poster Code	Poster Title
43	Prevalence and factors associated with falls among older adults registered with Primary Health Care Corporation (Qatar)
128	Prevalence of suspected elderly abuse in Bahrain at primary health care settings: A Cross-Sectional Study
69	The yield of thyroid fine-needle aspiration in a primary care setting
38	Adherence to Medication Reconciliation in Home Health Care patients at PHCC
121	Association of Subclinical Hypothyroidism with Type 2 Diabetes Mellitus in Qatar
11	Compliance to Root Canal Treatment Procedure in PHCC Dental Clinics
46	Clinical Trials Landscape in Qatar – Results from a comprehensive review of research studies registered on the World Health Organization (WHO) International Clinical Trials Registry Platform (ICTRP)
71	Virtual Worlds and Real Concerns: Students Gaming Behavior and Gaming Addiction During Qatar's COVID-19 School Closures
72	The impact of COVID-19 pandemic on depression screening rates and depression symptoms severity: A cross-sectional study of 1.9 million primary healthcare consultations in Qatar
118	Awareness and Knowledge of HPV Infection, Vaccine and Cervical Cancer Among College Students in Riyadh
119	Tobacco use profile among COVID-19 infected adults and clinical disease spectrum in Qatar during the early pandemic
92	Anti SARS CoV 2 antibody response among spectators of Amir Cup 2020 with history of recovery from COVID19 in Qatar: A historic cohort study
116	Evaluation of Perceived Preparedness of Community Pharmacists in Qatar to Provide Home Blood Pressure Monitoring Services: A Simulated-Patient Study

Poster Code	Poster Title
68	Antibiotics Prescriptions Pattern among Patients Visiting Primary Health Care Centers (PHCC) before and during COVID-19 Pandemic: A Cross-Sectional Population-Based Study from Qatar
87	Improving Paranasal Sinus Radiography Standards: A Two-Phase Quality Improvement Study at Qatar University Health Center
151	Exploring the Current Practice of Drug Information Service Provision among Community Pharmacists in Qatar: A Cross-sectional Study
106	Real world effectiveness of the Varicella vaccine among children and adolescents in Qatar: a case-control study
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CONFERENCE PARTNER & SPONSORS

CONFERENCE PARTNER



Ministry of Public Health

Qatar has established a robust world-class health system centered around the importance of universal health coverage for all members of society.

The Ministry of Public Health (MOPH) is working in cooperation with its partners to enhance the health system in Qatar and achieve the desired progress to achieve the Qatar National Vision 2030 goal: A Healthy Population: Physically and Mentally, through a strong and comprehensive health care system according to the best international standards.

The health sector has witnessed significant development, as the Ministry of Public Health and health sector institutions have made key achievements to achieve better health for the population, and at the same time the MOPH is working to improve the health of the Qatari society, fulfill the needs of citizens quantitatively and qualitatively, and upgrade its services to the highest international levels, in consistent with the national strategies.

- The health sector has paid attention to the development of health services and technologies to ensure that all members of society receive state-of-the-art care that meets all their health needs.

The health sector has made significant achievements at the national, regional and international levels. These acheivements include the State of Qatar's international recognition for excellence in public health; improvements in performance, operations, and quality; advancements in patient safety and engagement programs, strategic planning for the future; expanding health facilities to accommodate population growth; better organization of appointments, enhanced health insurance; and successful partnership programs between the health sector and the private sector.

The Ministry of Public Health, in collaboration with its partners, has enhanced e-health services, which facilitated the link between different public health facilities through electronic systems for easy access to patient records in all health facilities, in addition to providing telemedicine services.

The health sector in the State of Qatar seeks continuous development by focusing on projects that improve health services and contribute to enhancing the health of Qatar population, whether these projects complement the projects of the 2nd National Health Strategy or new projects.

CONFERENCE PARTNER



Hamad Medical Corporation

Hamad Medical Corporation (HMC) is the main provider of secondary and tertiary healthcare in Qatar and one of the leading hospital providers in the Middle East. For more than four decades, HMC has been dedicated to delivering the safest, most effective and compassionate care to all its patients.

HMC manages fifteen specialist hospitals as well as the National Ambulance Service, mental health, homecare and residential care services.

HMC's transformation over the past decade is unparalleled around the world. Since 2016, HMC has opened eight new hospitals and a range of new specialist facilities – further strengthening Oatar's public sector hospital network.

Thirteen HMC hospitals hold corporate Academic Medical Center accreditation by the Joint Commission International, endorsing the quality and safety of services, while the Ambulance Service, Home Healthcare Service, Stroke Service and Palliative Care Service have all received prestigious JCl accreditation.

HMC is committed to delivering healthcare services on par with the world's best and many of our services exceed international benchmarks for quality of care, including stroke, cardiology, trauma and cancer.

In 2023, HMC had four hospitals ranked among the world's top 250 academic medical centers, with two achieving top 100 ranking; highlighting our commitment to combining patient care, medical research and education to achieve the best outcomes and experience for our patients.

HMC is leading the development of the region's first academic health system – combining innovative research, top-class education and excellent clinical care – and is committed to building a legacy of healthcare expertise in Qatar.

HMC was also the first hospital system in the Middle East to achieve institutional accreditation from the Accreditation Council of Graduate Medical Education – International (ACGME-I), which demonstrates excellence in the way medical graduates are trained through residency, internship and fellowship programs.



Ooredoo

Ooredoo is Qatar's leading communications company, delivering mobile, fixed, broadband internet and corporate managed services tailored to the needs of consumers and businesses. As a community-focused company, Ooredoo is guided by its vision of enriching people's lives and its belief that it can stimulate human growth by leveraging communications to help people achieve their full potential.

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CONFERENCE EXHIBITORS



CONFERENCE EXHIBITORS

















ABOUT QATAR



Qatar, officially State of Qatar, is an independent country since September 3rd, 1971. Oatar is a constitutional monarchy ruled by Al Thani Family since last century.

EMIR OF QATAR IS: H.H. SHEIKH TAMIM BIN HAMAD AL THANI.

Qatar is a peninsula located halfway down the west coast of the Arabian Gulf with capitol in Doha City. The total land area is approximately 11,521 square km with moderate desert climate of long hot summers and short mild winters. Major towns active in economy development are Doha, Al Wakrah, newly growing Lusail, Dukkha, Al Shamal, and Mesaieed. Economically, country has one of the world's largest natural gas and oil reserves. Qatar's population is currently more than 2.6million and its number still increase. Qatar is one of the most conservative societies in the Gulf Cooperation Council (GCC). It is very important for you to learn more about culture of Qatar, what duties and responsibilities you have as a resident of the State.

Arabic is the official language and English is commonly used as a second language. In 2012, Qatar became a member of French-speaking organization, La Francophonie.

Currency: Qatari Riyal (QR) 3.65 = USD 1.00

Time Zone: GMT+3 Electricity: 240 Volt

Important Events you should to know:

- National Sports Day (2nd Tuesday of February)
- Holy Islamic Month of Ramadan (9th Month of Hijri)
- Eid Al-Fitr Holiday (follows Ramadan)
- Eid Al-Adha Holiday (Hajj season)
- December 18th (Qatar National Day)

For more information about Qatar, please visit following websites:

https://portal.www.gov.qa/wps/portal/homepage

https://www.mcs.gov.qa http://www.katara.net/en

















HEALTH SECTOR IN QATAR



The Health sector in Qatar has made great strides to provide service to meet and, in many areas, to exceed international best practice standards by providing high quality services, the most advanced medical equipment and highly qualified, competent health professionals. The Health services ex-tended to cover the entire country with hospitals and health centers.

The Ministry of Public Health is the highest authority of health care affairs in the country and with the same is regulatory authority for the health sector.

Across the whole country there are many health care providers recognized as public and private. Public Health Care is majority, named Primary Health Care Corporation and Hamad Medical Corpo-ration that is providing secondary health services.

Every resident of State of Qatar should apply for the Health Card that will allow you to use medical services within the country.

Qatar National Vision 2030 (QNV) was launched by the government in 2008. It is the Country's long-term development national strategy which defines goals and provides a framework for the imple-mentation plans. The QNV reflects the aspirations of the Qatari people and the resolve of their political leadership. It is found upon the guiding principles of Qatar's Permanent Constitution, which pronounces that "the State shall foster public health; provide means of prevention form diseases and epidemics, and their cure in accordance with the law"



The QNV "aspires to develop an integrated system for health care, managed according to world-class standards. This system will meet the needs of existing and future generations. It will provide for an increasingly healthy and lengthy life for all citizens. All health services will be accessible to the entire population"

National Health Strategy (NHS) was launched in 2011. The NHS outlines in greater details the health care vision within the QNV. The NHS has focus on the importance of shifting the balance of care "to effectively deliver and integrated model of services for the country. Qatar's health sector must shift the balance of care toward a preventive and community based model of care anchored around capable a trusted primary care"

"A Healthier Future for Our Families"

The Qatar Primary Health Care Strategy Plan (2019-2023) sets for five-year strategic plan which is driven by our strong commitment to PHCC Vision, Mission and Values.

According to NHS Program PHCC becomes Foundation for the Primary Care to successfully achieve the mod¬ernization of the health care system.

The scale of change needed for this to happen is significant. Making all these improvements in care services happen will require changes behind the scenes, such as the establishment of electronic health records, expansion and refurbishments of primary health care facilities. Among all, the most important enabler is people. The potential of the existing staff must be continuously maximized with new ways of working and comprehensive trainings.

The National Strategy contains 64 recommendations which will be implemented as per model of services development. Making the organizational and operational changes described in these ac–tion plans is the critical success factor for all staff working in the Corporation in the journey to achieving a World Class Primary Health Care service for all people in Qatar.



ABOUT PHCC



Primary Health Care Corporation is dedicated to provide the publics of Qatar with the highest level of health care by operating and managing a different Health Centers across the State of Qatar

VISION

To be the leader in transforming the health and wellbeing of people's lives in Qatar.

MISSION

To deliver comprehensive, integrated and coordinated person-centered health care services in the community through focusing on disease prevention, healthy lifestyles and wellness. In partnership with our stakeholders, we will improve the health and wellbeing of our population

GOALS

Building on the success of the National Primary Health Care Strategy, and aligned to the goals of the NHS 2018-2022 and triple aim framework of better health, better care and better value. PHCC's strategic plan comprises six key priority goals on delivering success in the following areas:

High Quality, Integrated Family Medicine Model of Care
Focus on Preventative Health
Highly Skilled and Motivated Workforce
Enhanced Primary Care System and Collaboration for High Quality Care and Patient Safety
Strong Partnership with Patients, Families and Communities
Effective, Innovative Organisations

VALUES

Our values are the fundamental guiding principles of our organization, they enable us to operate as an elite organization, create a great working environment, and support a capable and empowered workforce to provide the best possible care and support for people and families.

The Top 5 Values Are: Efficiency and Quality Leadership and Collaboration Inclusion and Diversity Teamwork and Respect Empowerment





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