

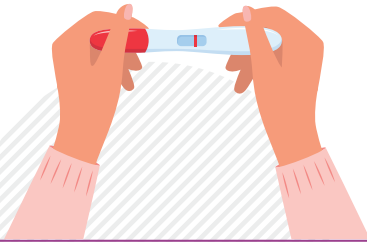
Preparation for Intrauterine Contraceptive Device (IUCD) INSERTION

Device/ Coil

- Only the copper intrauterine contraceptive device is available at PHCC
- Hormonal intrauterine contraceptive device is NOT available at PHCC
- A copper coil will be prescribed during the clinic visit.
- The copper intrauterine contraceptive device is available for a fee for non-Qataris.



Timing



- Insertion can be performed at any time if pregnancy is not suspected and there is no heavy bleeding.
- A urine pregnancy test may be required during clinic visit if pregnancy is suspected and IUCD insertion procedure may not take place.

Preparation

- Personal hygiene is important (clean and shave genital area)
- Wear loose comfortable clothes.
- Try to come for the appointment without children.
- Ensure that you do not have any commitments after the insertion procedure as you may need observation for 30 minutes at the Health Center.
- It is advisable to take painkillers an hour before the procedure (such as ibuprofen or paracetamol if you are not allergic)

